

# WARRAGUL NORTH PRIMARY SCHOOL NEW STEEL S

7th May 2021

#### **CALENDAR 2021**

Fri 7 May Quantum Victoria excursion - 2BA & 2JE

> Division Athletics at Newborough Foundation Pyjama Day

1 oundation 1 y juina

Fri 14 May Junior Assembly

Tue 18 May Division Cross Country at Chairo Christian College

Mon 24 -28 Education Week

-Fri May

Tue 25 May Parent Club Meeting at 7pm

Thur 27 May Book Fair Open Night in BER

Building

Fri 28 May Senior Assembly

Thur 10 Jun Musical Soiree at 6.30pm

Fri 11 Jun Junior Assembly

Mon 14 Jun Queen's Birthday Holiday

- no school

#### ASSEMBLY DATES FOR TERM TWO

Fri	14 May	Junior Assembly (Foundation to Year Two)
Fri	28 May	Senior Assembly (Years Three to Six)
Fri	11 Jun	Junior Assembly (Foundation to Year Two)



#### Principal's Report

#### Welcome Jess Szalek, our new Assistant Principal



Ms Jess Szalek commenced her new position as Assistant Principal at Warragul North Primary School at the start of Term Two.

Jess is a highly motivated system and curriculum leader in mathematics, with a focus on whole school improvement. As a previous Numeracy Learning Specialist and 2019 AMSI CHOOSEMaths award winner, she has come to us from the Department of Education and Training, working as a Leadership

Partner as part of the Differentiated School Support Initiative team and the go to in the Victorian Numeracy Support Network. She is excited to join Warragul North PS as she hosts a passion for building relationships with students, staff and leaders that drive collective efficacy in schools to improve all students' outcomes.

Jess is committed to building teacher capacity through exemplary classroom practice, coaching and mentoring, professional learning and leading with a balance of passion and purpose.

Jess holds a Master of Education from Deakin University, targeting leadership, with a focus on Numeracy and Mathematics in the Middle Years and has most recently developed a collection of Maths mini lessons for ABC Education which can be viewed on ABC iView from next week.

On the weekends, Jess tells us she likes to spend her time with her family, snowboarding in the winter, playing football and cheering on her beloved Western Bulldogs. We all look forward to working with Jess in the coming years.

# Principal's Report cont.

#### A.N.Z.A.C. Day

On Sunday 25th April an ANZAC commemorative ceremony was held at the Warragul Cenotaph. Following the cancellation of services due to covid restrictions last year in 2020 it was wonderful to see the community come together again. Our school was represented by our School Captains, Kaely and Oscar, who laid a wreath on behalf of our school. The school choir, the Choristers, led by Mrs Matthys, our Performing Arts Teacher, supported the singing of the hymns during the ANZAC Day service.

The Municipal Band led the ANZAC Day parade with stirring sights and sounds. The band also played the hymns and national anthem. The presence of the band certainly added atmosphere to the ANZAC Day service. Our community can be very proud of how we showed great respect for the sacrifice of others and it was great to see so many of our Warragul North Primary School families attending the commemorative service.













#### Teacher Professional Learning Day Resilience, Rights and Respectful Relationships

Monday 19th April was a Pupil Free Day at WNPS. Teachers used this day to continue their professional learning about the Victorian State Government's Respectful Relationships Initiative, in which Warragul North PS has recently been announced as a Lead School.

To launch the day, Student Support Services Psychologist Cassandra L'hotellier and Cara Barry from Lookout Education Support Centre presented an in-depth session on the effects of stress and trauma to young learners. Teachers explored a range of strategies intended to support the learning of all children in their grades.

In being informed about the effects of trauma, teachers understand that an event does not need to be 'catastrophic' in order to be traumatic, and symptoms of trauma can manifest following any highly stressful experience that causes lasting emotional or physical effects. As always, teachers are eager to work with families to support your child. Please discuss any concerns that you may have with your child's classroom teacher.

Building on their learning from the morning's session, teachers spent the afternoon developing learning experiences intended to build students' Personal and Social Capabilities. Personal and social capability involves students in a range of practices including recognising and regulating emotions, developing empathy for others and understanding relationships, establishing and building positive relationships, making responsible decisions, working effectively in teams, handling challenging situations constructively and developing leadership skills.

#### Staff Farewells Ms Sue Legg



During the school holidays Ms Legg was the successful applicant for a teaching position at a school closer to her home. Ms Legg has contributed greatly to our school as a Performing Arts Coordinator, Performing Arts teacher, classroom teacher, P.L.C. team leader and production leader. Ms Legg has been a long term, dedicated teacher at Warragul North Primary School and will be missed. We sincerely thank Ms

Legg for her excellent service and wish her every success in her new position.

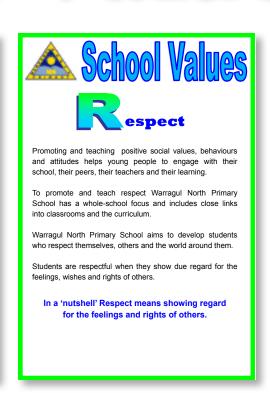
#### Mrs Oksana Geerlings



Corinne Collins Principal Mrs Geerlings worked as an Education Support person aiding students for the past three years at Warragul North Primary School. Mrs Geerlings completed her service at the end of Term one and we wish her success in the future.

# Warragul North Primary School Values





School Values medals were presented at the senior school assembly on Friday 30th April:

GETTING ALONG – Year Three – Thomas (3GA) LITERACTY – Year Four – Bertie (4MA) ENGAGEMENT – Year Five – Rebecca (5TH) ACHIEVEMENT - Year Six - Maddison (5/6P)







# AN INVITATION TO OUR BOOK FAIR!

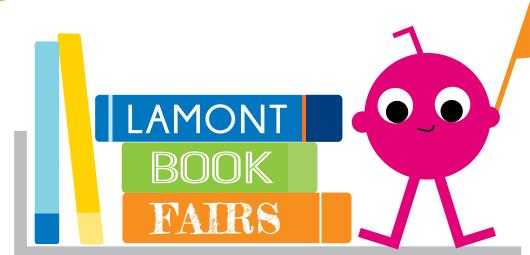
Where: Warragul North Primary School

Foundation (BER) Building

Thursday 27th May, 2021

3.30pm to 8.00pm





www.lamontbooks.com.au



# Hello from the Acorn Room



Our children are growing up in a vastly different world than we did when it comes to digital technologies. There is no perfect solution to ensuring kids are completely safe when they are online, but there is much we can do to minimise the risks and help them develop their own protective behaviours online. The eSafety

commissioner is a wonderful resource for parents and carers and there are a number of free webinars coming up.

These live webinars explore the latest research and they are a great way to learn how you can help your child develop the skills to be safer online. https://www.esafety.gov.au/

All sessions are delivered by eSafety's expert education and training team.

Parents and carers will be shown how they can set up devices and apps to help kids and young people stay safe online during Term 2 webinars.

It is designed for parents and carers of children aged four to thirteen. It will cover:

- the benefits and limitations of parental controls
- how to set up iOS and Android devices for safety
- how to set up popular games and apps like YouTube and Roblox for safety
- using family tech agreements and other parenting strategies to manage online risks
- how eSafety can help when things go wrong.

Each webinar will present the same content on the following dates. Just select the day and time that suits you.

#### Dates:

- Thursday 6th May from 7:30 pm to 8:30 pm
- Tuesday 8th June from 12:30 pm to 1:30 pm
- Wednesday 16th June from 7.30pm to 8.30pm

To register go to, https://www.esafety.gov.au/parents/webinars

Term Three sessions will be about online sexual harassment and image-based abuse. In Term Four the sessions will cover digital technologies and mental health.

Mrs Sheryn Cutler, WNPS Chaplain

Warragul North Primary School offers chaplaincy and pastoral care to students and families in the Acorn Room on Tuesdays and Thursdays.

# Uniform Raffle

Warragul North Primary School staff will be issuing raffle tickets to children who are wearing full WNPS uniform. The raffle will be drawn at each assembly and the winners will receive a \$5.00 voucher to spend at the school canteen.

The winner drawn at the senior assembly on Friday 3rd May was: Elliot (3GA) ©



#### PARKING | TRAFFIC FLOW DISABLED PARKING



To assist parents with parking rules around the school, a map explaining legal parking areas and traffic flow was sent home in Term One.

Please be aware that the 'reserved' parking permit area near the administration building is for staff use only and permits must be displayed on the windscreen.

If everyone adheres to the agreed parking areas and direction of traffic flow it creates a safer environment for children during drop off and pick up times.

Just a friendly reminder that the two disabled parking spaces provided outside the administration building are for people with a disabled parking permit only. It is also requested that you be mindful of other people who use this space and not double park across it. There has been reported instances of the spaces being regularly blocked not allowing access or allowing the vehicles parked to exit. Please do not park across these specially designated car spaces. Thank you.

To assist families to clearly understand the various parking signs displayed around our school, in our newsletters we will include detailed information from the VicRoads website.

#### Disabled Parking Signs

You are not allowed to park in parking bays that have a disabled parking sign or road marking unless you have a valid disabled parking permit.



#### **BEFORE AND AFTER SCHOOL SUPERVISION**

Before school supervision is provided between 8.45am and 9.00am. Please do not drop children off in the morning prior to 8.30am.

After school supervision is provided between 3.30pm and 3.45pm. Children who have not been collected by 3.45pm are to go to the office and wait to be collected.

#### NATIONAL ASSESSMENT PROGRAM LITERACY AND NUMERACY (NAPLAN)



Next week students in Years Three and Five across Australia will sit national

tests in Literacy and Numeracy. A brochure regarding NAPLAN Online has been sent home. If parents have any further questions please contact the school.

#### 'Catch 'em being good' raffle

Our 'Catch 'em being good' raffle winner is: **Connor (3BC)** Well done!



#### **ABSENCE REPORTING LINE**



## WNPS Environment and Sustainability News

The Environment and Sustainability Group is seeking 4 litre ice-cream containers with lids to collect the food waste from our classes. The lids are important as they keep any 'creepy crawlies' out.

If you have any 4 litre ice-cream containers at home that you no longer need please send them to school with your child. We greatly appreciate all donations. Many thanks.

Mr Brendan Cox Environment and Sustainability Co-ordinator

## Artist of the Week Awards

Artist of the Week Awards were presented at the senior assembly on Friday 30th April. Congratulations to these very talented students.



Chloe (6JO), Charlotte (6BA), Amaya (4/5R) and Jobe (3/4S).



Claudia (3BC), Jeylan (4/5R), Tyler (5/6P) and Omara (5WI).



Our next Parent Club meeting will be on:

**DATE:** Tuesday 25th May

**TIME:** 7.00pm

WHERE: WNPS staffroom

Everyone welcome!



## Performing Arts News...

Term Two will be filled with dance and performance. The seniors are starting to prepare acts for the upcoming senior concert. Their creative ideas will make for unique performances from each class.

Juniors are learning dances and are already showing great skills. Some junior classes have also been asking to do puppets, so the puppets are joining in with a number of class activities, including our dances.

Mrs Catherine Matthys and Mrs Natalie Mead Performing Arts Teachers





# Mother's Day Stall

On Tuesday 4th May the children were very excited to visit the Mother's Day stall which was run by the Parent Club. It was great to see so many parents helping with the stall.

A big thank you to Amy Mapleson and Kirsty Bowen, the Parent Club Co-ordinators, for organising a great range of gifts for the children to select from. A profit of approximately \$1056.00 was raised from the stall. Great effort everyone!

Wishing all our mums a very happy Mother's Day this Sunday, 9th May.





# Term Two

# Topics

#### Foundation - Marvellous Toys

- Differences and similarities between students' daily lives and perspectives of life during their parents' and grandparents' childhoods.
- Objects are made of materials that have observable properties.
- The way objects move depends on a variety of factors including their size and shape; a push or a pull affects how an object moves or changes shape.

#### Year One - Under the Sea

 Sea animals have a variety of external features and live in different places where their basic needs, including food, water and shelter, are met.

#### Year Two - Animal Adaptions

• Living things have a variety of external features and live in different places where their basic needs, including food, water and shelter are met.

#### Year Three - H2O

- A change of state between solid and liquid can be caused by adding or removing heat.
- Earth's resources are used in a variety of ways.

#### Year Four – First Fleet, First Contact

- Identify and explain the causes and effects of European settlements and exploration.
- Interpret maps and other geographical data and information using geographical terminology including simple grid references, compass direction and distance.

#### Year Five – Our Golden Heritage

- The social, economic and political causes and reasons for the establishment of British colonies in Australia after 1800
- The nature of convict or colonial presence, including the factors that influenced changing aspects of the daily life of the inhabitants, including Aboriginal and Torres Strait Islander peoples.
- The causes and the reasons why people migrated to Australia from Europe and Asia, and the perspectives, experiences and contributions of a particular migrant group within a colony.

### Year Six – Who's Running Our Country?

- Learn about the causes of significant events that shaped the Australian colonies, contributed to Australian Federation and the effects of these on Aboriginal and Torres Strait Islander peoples and migrants.
- Explain the significance of an event and an individual or group that influenced change in the Australian colonies and in Australian society since Federation.
- Discuss the values, principles and institutions that underpin Australia's democratic forms of government and explain how this system is influenced by the Westminster system.
- Describe the roles and responsibilities of the three levels of government, including shared roles and responsibilities within Australia's federal system.
- Identify and discuss the key features of the Australian electoral process.
- Explain how state/territory and federal laws are initiated and passed through parliament.

# P.E. 'Wall of Fame'

Every week in Physical Education one student from the Junior (Years 1/2), Middle (Years 3/4) and Senior (Years 5/6) school is rewarded with being named the P.E Wall of Fame champion for that week.

The P.E Wall of Fame champion is a student who has shown great determination, effort, encouragement, sportsmanship and resilience during their Physical Education class.

Mrs Lisa Pyle and Mr Drew Davey Physical Education Teachers

#### **Term Two - Week 1 Champions**

**Junior** 



Middle



Senior



**Term Two - Week 2 Champions** 

Junior



Middle



Senior



Leah (5WI)

## EVERY DAY COUNTS

At Warragul North Primary School we strongly encourage punctuality and attendance. At 8.50am the 'bag bell' sounds and children hang their bags up and enter their classrooms ready for a 9.00am start. We also know the importance of regular attendance and follow the 'It's not ok to be away or late' process.

Each term certificates are awarded to children who achieved 100% attendance for the previous term. It was fantastic to be able to give out 169 certificates for 100% attendance for Term One. Well done to all those children who received a 100% certificate for Term One. Let's aim to award just as many certificates or more for Term Two's attendance!









#### Healthy Schools Achievement Program Health and Wellbeing at Warragul North Primary School

We really care about health and wellbeing at WNPS and have signed up to work through the Achievement Program. The Achievement Program is a free State Government initiative that helps schools create healthier environments that benefit students, teachers, staff and families. The program looks at different health areas, including Healthy Eating and Oral Health; Physical Activity and Movement; Mental Health and Wellbeing; and more.

We are excited to start the program and will keep you updated with our progress. If you would like to read more, further information about the program can be found at <a href="https://www.achievementprogram.health.vic.gov.au">www.achievementprogram.health.vic.gov.au</a>

We are currently focusing on the Healthy Eating and Oral Health area.

Healthy eating is part of good nutrition. In childhood and adolescence, a healthy diet is essential for growth and development and helps prevent health issues such as iron deficiency, dental issues and obesity.



In this area we will start by looking at the food that we serve at the canteen and at special days and school events, following the guidelines within the Department of Education and Training's School Canteens and Other School Food Services Policy.

The purpose of this policy is to ensure school food services provide food and drinks which contribute to a supportive, healthy school environment.

School food services can have a major impact on the foods and drinks that students are exposed to and consume. Enjoyment of healthy foods and drinks has a wide range of positive benefits for student health and learning outcomes such as:

- providing important nutrients that students need to be alert and engaged in classroom activities
- for healthy physical development and performance
- supporting the development of healthy eating habits and preferences
- paving the way for good health and prevention of chronic illness

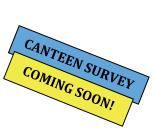
It is important that parents, teachers and students work together to support a whole-school-approach to healthy eating and build a school culture which supports students to choose nutritious foods and drinks, and a healthy lifestyle.

In the coming weeks, the Achievement Program will be asking all students, parents/guardians and staff to complete a short survey so look out for that! The committee is considering:

- only offering foods that meet the DET school canteen and other school services policy
- using a commercial company, Alimentos Catering
- using an app for parents to order lunch once a week for their child / children e.g.
   Foundation to Year Two one day a week and Year Three to Year Six one day a week
- · permanently closing the school canteen for lunch orders and snacks
- the school will not continue to employ a canteen co-ordinator for 13 hours each week

As you can see completing the survey will provide the committee with data and evidence from our school community enabling the committee to make informed decisions.

If you have any comments or suggestions about how we can improve healthy eating and oral health at our school, please send an e-mail to warragul.north.ps@education.vic.gov.au



## Visual Art News...

Mrs Glaister is VERY excited to be back in the Art Room, joining Mrs Draisma and Mr Davey! So far this term we have had an explosion of colour, as all year levels embark on Printmaking. Nothing generates 'oohs' and 'ahhs' like seeing a print coming to life before your eyes!

Foundation and Year One have been stamping Poppies and Flowers. Year Two collected natural objects and made a collage of these, which they then used as a Collagraph Print to create amazing textures and patterns.

Year Three and Year Four have been exploring Fantasy and Imagination, making mythical creatures and imaginary landscapes out of printed paper.

Year Five are using printmaking to communicate, and are starting to produce screen-printed Wanted Posters, helping them to get even more excited about their upcoming camp to Sovereign Hill.

Year Six have embarked on a challenging project, preparing for lino-cut printing. They have learnt to use a reference photograph to produce a line drawing and are preparing to start lino carving in the coming weeks.

Donations requested:

- Newspapers
- Small, clean, recycled objects bottle tops, containers, packing materials, cardboard boxes, plastic, wood, metal
- © Egg cartons

Mrs Natasha Glaister Visual Arts Teacher



# Zones of Regulation Teach Children?

Staff at Warragul North Primary School will use "Zones of Regulation" as a framework to teach a variety of socialemotional skills to children, starting with early emotional skills and advancing on to self-regulation and navigating social situations.

Here are some skills taught through Zones of Regulation:

- Identifying your emotions by categorising feelings into four zones: (more on this below)
- **Self-regulation:** Achieving the preferred state of alertness (zone) for a situation. This is all about regulating your body and emotional regulation.
- Identifying triggers: Learning what makes you "tick" and why
- Coping strategies: Various techniques and strategies that help achieve emotional regulation and manage strong emotions
- **Size of the problem:** Introduces the idea that the size of your reaction should match the size of your problem, how to identify the size of your problem, and strategies for problem-solving.
- Expected behaviour vs unexpected **behaviour:** This also covers perspective taking and how your behaviour affects the thoughts and feelings of the people around you

#### What Are the Zones Colours & Their Meanings?

'Zones of Regulation' uses four colours to help children self-identify how they're feeling and categorise it based on colour. It's important to remember that there are no "bad" zones or emotions.

The curriculum also helps children better understand their emotions, sensory needs, and thinking patterns. They learn different strategies to help them cope and manage their emotions based on which colour zone they're in.

Additionally, the Zones of Regulation helps kids recognise their own triggers, learn to read facial expressions, develop problem-solving skills, and become more attuned to how their actions affect other people (Kuypers, L.M, 2011).

#### The Green Zone

The green zone is used to describe when you're in a calm state of alertness.

Being in the green zone means you are calm, focused, happy, or ready to learn. This is predominantly the state you want your child to be in.

It's also the state most needed in the classroom in order to learn.

#### The Yellow Zone

The yellow zone describes when you have a heightened sense of alertness. This isn't always a bad thing, and you still have some control of your actions when you're in the yellow zone.

Being in the yellow means you may feel frustrated, anxious or nervous. But, it could also mean you're feeling excited, silly, or hyper – which is okay in the right situations.

#### The Red Zone

The red zone describes an extremely heightened state of intense emotions. When a person reaches the red zone, they're no longer able to control their emotions or reactions.

This is the zone kids are in during meltdowns.

Being in the red zone means you're feeling anger, rage, terror, or complete devastation and feel out of control.

#### The Blue Zone

The blue zone, on the other hand, is used when a person is feeling low states of alertness or arousal.

When you're in the blue zone you may be feeling down - sad, sick, tired, or bored. You're still in control, as you are in the yellow zone, but with low energy emotions.

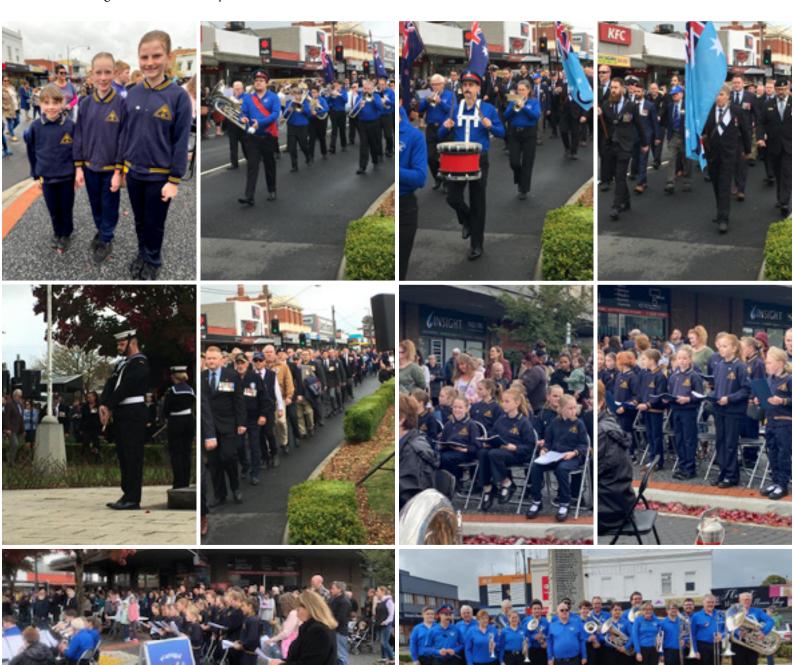
## Choristers News...

Sunday 25th April was Anzac Day. The ceremony held at the Cenotaph was respectful and well attended. We are immensely proud of our Choristers and we acknowledge the privilege of being asked to lead the singing for this important event.

Our Choristers did their very best at singing the hymns while the Municipal Band played. The band provided music at many stages in the proceedings and the songs sung by the Choristers graced the ceremony.

Thank you to the families who enabled their children to attend as Choristers. It was lovely to see so many WNPS families in attendance as well as the Chorister's families.

Mrs Catherine Matthys and Mrs Connie Geiberras Chorister's Co-ordinators





#### **FINANCIAL ASSISTANCE** INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

#### **CAMPS, SPORTS & EXCURSIONS FUND (CSEF)**

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

**HOW TO APPLY** 

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

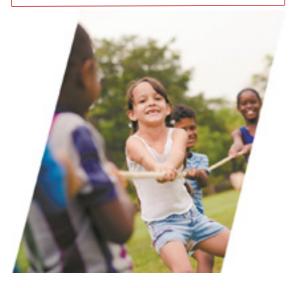
You only need to complete an application form if any of the following changes have occurred:

- new student enrolments; your child has started or changed schools this year.
- changed family circumstances; such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.

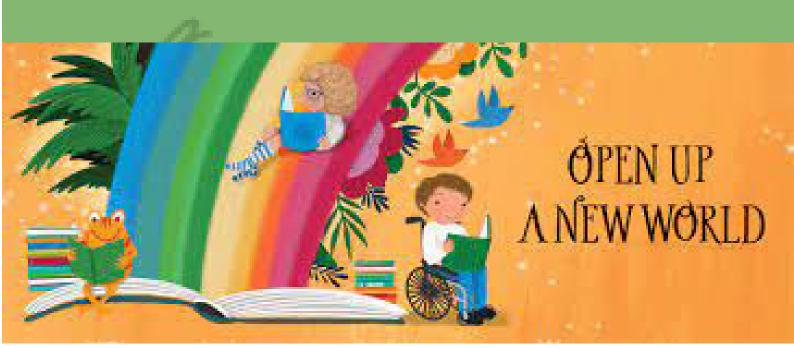
#### MORE INFORMATION

For more information about CSEF visit: https://www.education.vic.gov.au/about/programs/Pages/csef.aspx





# F premiers' reading challenge



The Victorian Premiers' Reading Challenge is now open and (insert school name) is excited to be participating. The PRC application offers a range of exciting features including:

- access to a library catalogue (including book images and blurbs)
- a modern user-friendly interface
- rewarding students with badges as challenge milestones are achieved
- the option for students to mark books as a favourite, give them a star rating or complete a book review

The Challenge is open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by 17 September 2021.

Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and former Premiers.

To read the Premier's letter to parents, view the booklist and for more information about the Victorian Premiers' Reading Challenge, visit: www.education.vic.gov.au/prc

# Community News



#### FREE

#### VICTORIA WIDE SERVICE

For:

**Parents** 

Grandparents

Carers

of children aged 2 to 12 years

#### Positive Parenting Telephone Service

Our free 6 to 10 Week program helps you to:







onger more positive

nd ever beha

Managa everydisy behavious protisems

Participants complete a workbook or online modules which are supported by weekly 30 minute phone calls with a trained parenting educator.

il of this can be done from the comfort of your own home at a time that suits you.







Enrol now and make a positive start to last a lifetime

Call us for more information or to enrol

1800 880 660

Enrolments are taken all year round









#### Why drinking tap water in your reusable bottle is a good choice:

- In Australia we have clean, safe drinking water
- Tap water is very, very cheap less than 1c per litre
- You can reuse your drinking bottle and save energy and resources
- Refilling your water bottle reduces the amount of rubbish – single use water bottles are one of the ten most common rubbish items collected on Clean Up Australia Day



Health Promotion 56243500



#### 2021 JUNIOR BADMINTON

Monday Nights Term 2 and Term 3 6:30 pm - 7:30 pm

#### COME AND TRY / PLAY AND STAY

- Play at our permanently set up four court stadium at Galloway St, Warragul.
- An ideal and fun sport for all primary and secondary aged students.
- Coached by three high level and very experienced players.
- $\bullet\,$  Coaching caters for players from beginner to advanced.
- Cost: \$20 per player for the season (includes on court insurance)
- Competition badminton available on Friday nights for all ages and skills in five different grades. Cost: \$80 for the season.
- $\bullet\,$  For more information contact Nathan White.

Junior Badminton Coordinator Nathan White Mobile: 0407 425 770 Email: nathan.white8@bigpond.com