



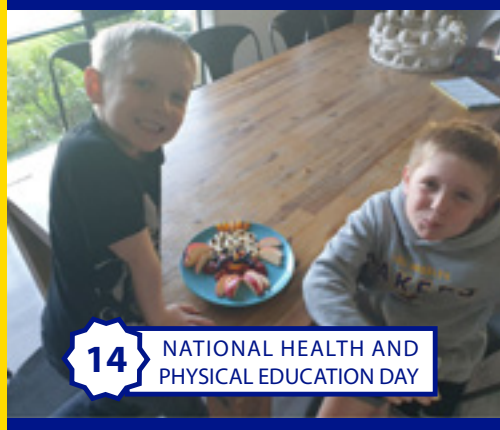
WARRAGUL NORTH PRIMARY SCHOOL NEWSLETTER

#9

9th September 2021

CALENDAR 2021

Fri	10 Sept	Funky Socks Friday
Wed	15 Sept	Arts Day and 'Spudsville'
Fri	17 Sept	Footy Day (if possible!) Last day for Term 3 - 2.30pm finish
Mon	4 Oct	First Day of Term 4



14

NATIONAL HEALTH AND
PHYSICAL EDUCATION DAY

10

WINTER SPORTS

Principal's Report

STOP PRESS

Easing of Restrictions for Regional Victoria

The Premier, Daniel Andrews, announced yesterday that regional and rural Victoria will come out of lockdown at midnight tonight, Thursday 9th September, 2021. An on-line briefing yesterday taken by the Deputy Secretary of D.E.T., David Howes, confirmed that students in Foundation, Year One and Year Two at schools in rural and regional Victoria are to return to on-site learning on Friday 10th September, 2021. Further information will be sent out to families as soon as the DET guidelines are received.

WNPS Injecting Fun and Engagement into Remote Learning

Full marks to our staff for coming up with fun, engaging learning during this period of remote learning. We had some amazing responses from students and families when we put out the call to continue with dress up day for Book Week.

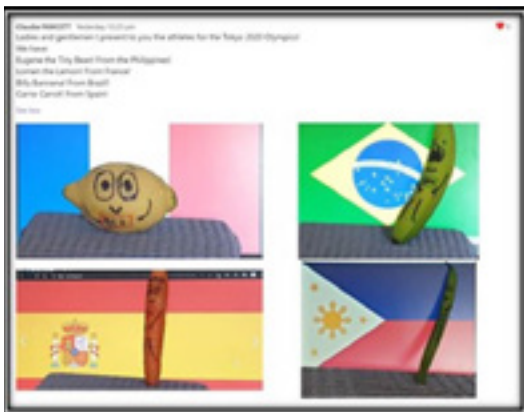
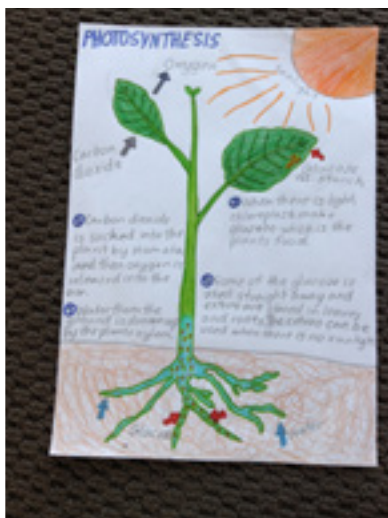
Well done to Mrs Pyle and Mr Davey for organising our National Health and Physical Education Day for the first day of Spring. The weather was glorious and encouraged everyone to get outdoors and be active. The banana booster smoothie was delicious! Coming up we have Funky Socks Friday this Friday, 10th September, and Arts Day on Wednesday 15th September and we are planning a Footy Day for Friday 17th September, the last day of Term Three (if possible). We will be watching out for photos and videos!

We are very proud of our students who have continued to display resilience as the Victorian lockdown continues and with it remote learning. Thank you to our families for making remote learning as successful as possible for their children even though at times it can be a challenge.

Staff at Warragul North Primary School put in a tremendous effort during remote learning to assist students and also provide on-site supervision. I commend them and thank them for their ongoing positivity.



Principal's Report *continued*



Mathematics – Rich Learning

At a recent, on-line staff meeting our Mathematics Leader, Miss Barker, organised for each P.L.C. team from Foundation to Year Six to present the rich learning tasks their students were undertaking. The tasks ranged from Ms Szalek needs an office, to potato Olympics, and we have ten new students arriving (not true!) in our Foundation year level; what will we do?

Miss Barker took the opportunity to thank teachers for all their hard work on improving Mathematics learning across the school this year.

NAPLAN 2021

The National Assessment Program for Literacy and Numeracy (NAPLAN) was conducted during May this year. Recently the individual results for each Year Three and Year Five student were received and mailed out to the families of these students as we are in lockdown.

The Year Three cohort results inform us about our teaching and learning in Foundation, Year One and Year Two at WNPS as the Year Three students sit the test three months into the academic year.

Similarly, the Year Five cohort results inform us about our teaching and learning in Year Three and Year Four. NAPLAN is a whole school responsibility. The data enables us to track and examine student learning growth for Year Three to Year Five and compare it to teacher judgement and standardised tests.

Overall, our WNPS results are very pleasing, and our students are to be congratulated on being engaged in their learning and hence achieving their learning goals.

Closing Thoughts

As the end of Term Three approaches, I am mindful of the stressful conditions so many in our school community have lived through this term.

A very grateful thank you to our wonderful students, parents and staff for being so resilient and working together to learn.


I am hopeful that all students will be able to return to on-site schooling for Term Four. Meanwhile enjoy Spring and keep safe.


Corinne Collins,
Principal

Warragul North Primary School Values

 **School Values**

- L**iteracy
- E**ngagement
- A**chievement
- R**espect
- N**umeracy
- I**ntegrity
- N**urturing
- G**etting Along

 **School Values**

 **Integrity**

What is it?

The definition of integrity states that a person with integrity adheres to moral and ethical principles. Such a person has soundness of moral character. Having integrity means doing the right thing in a reliable way.

Integrity is a character trait that is admired by others since it means a person has a moral compass that does not waver. Integrity literally means having 'wholeness' of character, just as an integer is a 'whole number' with no fractions.

Integrity means being honest and telling the truth. Integrity involves being fair.

Living with integrity means that you do what you know is the right thing to do - you listen to your conscience. You do the right thing whether anyone is watching or not, whether anyone will know or not.

In a 'nutshell' Integrity means being honest, telling the truth, doing what you know is right and being fair.

School Values medals were presented to students in their classrooms:



LITERACY – Foundation
– Ned (0HU)



ENGAGEMENT – Year One
– Jacob (1/2D)



ACHIEVEMENT – Year Two –
Ismoil (1/2D)

VIC Spell

On Thursday 19th August Warragul North Primary School was proud to host the Central Zone Vic Spell competition. Vic Spell is a spelling bee where each school selects two students from Year Five and Year Six to participate in the competition. Students compete against students from other schools in their own year level.

Well done to Darcy (6BA), Musa (6JO), Stephanie (5WI) and Henry (5TH) for representing our school and doing their best. Darcy and Stephanie were the winners for the Year Six and Year Five levels which was fantastic. Henry and Musa both placed fifth in their year levels. Great job everyone!

Thank you to Mr Trevor Sowdon, the organiser and co-ordinator of Vic Spell for many years and to Mrs Pam Vickerman for her assistance and being one of the judges.

Ms Kay Baughurst
VicSpell Co-ordinator



Darcy



Stephanie





Hello from the *Acorn Room*



Here are some tips for working from home whilst juggling kids doing remote learning at home:

- Look after yourself. Our children need us to take care of ourselves so we can best take care of them. Try to do something each day which “fills your tank” even if its as simple as drinking your coffee outside in the sun.
- Follow your normal routine. Support your child to eat breakfast, brush their teeth and get dressed in the morning.
- Share your schedule. Let your family know about scheduled zoom calls and meetings etc. By making your kids more aware of the work you need to do, they may be more understanding about the times you can't be disturbed. And hopefully there will be opportunities for you to 'down tools' sometimes too.
- Go with the flow. Working and learning from home requires flexibility, so when distractions and interruptions inevitably occur, give yourself permission to take a break and not worry too much about yours or your children's productivity. If you or your child are having trouble with a task, move onto something else.
- Early mornings/late evenings but not both. You may wish to start your workday before the kids are up or get your work done at the other end of the day after tucking them in to bed. These quiet times of the day can be the most productive. However, you need to balance this against looking after yourself by getting good sleep.
- Stay connected. Look for opportunities to make focussed connection with your child throughout the day. Joining your kids for just five minutes, in whatever activity they're engaged in may be just what everyone needs.
- Take breaks and build in fun. Schedule in breaks for you and your child to grab a snack or do something creative or active. Are there some fun activities you could do with your child to help everyone refresh a little?

Mrs Sheryn Cutler, WNPS Chaplain

Warragul North Primary School offers chaplaincy and pastoral care to students and families in the Acorn Room on Tuesdays and Thursdays.



S u p p o r t i n g
P o s i t i v e
W e l l b e i n g



Funky Socks Friday

Mrs. Cassar is missing you all and needs her day brightened.

Can you please wear your funkiest socks this Friday 10/9 and take a photo. Your teacher will collect all your pictures and send them to Mrs. Cassar!

Let's Make Mrs.
Cassar smile

Managing illness in schools and early childhood

One of the most important things we can do to slow the spread of coronavirus (COVID-19) in our community is to stay at home when we are unwell, even when we have the mildest of symptoms.

What you need to know

1. If a child is unwell, even with the mildest of symptoms, they must stay at home

If a child becomes unwell during the day, they must be collected from school/early childhood education and care (ECEC) as soon as possible.

2. If a child has any of the symptoms of coronavirus (COVID-19) outlined below, however mild, they should get tested and they must remain at home until they receive their results:

- fever
- chills or sweats
- cough
- sore throat
- shortness of breath
- runny nose
- loss of sense of smell or taste.

In certain circumstances headache, muscle soreness, stuffy nose, nausea, vomiting and diarrhoea may also be considered symptoms.

For further advice:

- call the 24-hour coronavirus (COVID-19) hotline 1800 675 398
- call a general practitioner
- use the Department of Health and Human Services (DHHS) [online self-assessment tool](#).

Visit: [Where to get tested](#).

3. A child must stay at home until they are symptom free, even if their coronavirus (COVID-19) test is negative

If a person has tested positive for coronavirus (COVID-19) or been identified as a close contact they must isolate/quarantine until they receive clearance from DHHS.

Children with persistent symptoms due to underlying conditions such as hay fever or asthma whose symptoms are clearly typical of their condition can continue to attend ECEC/school. They should be tested for COVID-19 if they develop symptoms that are different to or worse than their usual symptoms. They should consider getting a medical certificate from their GP to attend ECEC/school if they have persistent symptoms that may overlap with symptoms of COVID-19 such as cough or runny nose.

Younger children (pre-school up to Grade 2) may have prolonged post viral symptoms such as a runny nose or cough and may return to school/ECEC following a negative COVID-19 test even if they are not completely free of symptoms. They will need a medical certificate from their GP to confirm they are otherwise well or have recovered from their acute illness.

For information on the minimum periods students and children need to stay at home for other conditions, refer to the [DHHS school exclusion table](#).

4. Children do NOT need a medical certificate before returning to school/ECEC

Once symptoms have cleared, there is no requirement from the Department of Education and Training or DHHS for children/students to have a medical certificate before they return to school/ECEC.

Thank you for your support in following these steps, together we can all stay safe.



ARE YOU MOVING?



If you plan on leaving Warragul North Primary School at the end of 2021, it would be appreciated if you could notify the school office as soon as possible. This will assist us with our class

planning for 2022 and also enable us to forward a transfer note to your children's new school. Thanks!

STUDENT USE OF MOBILE PHONES AND PERSONAL MOBILE DEVICES

The DET Mobile Phone Policy came into effect from Term One, 2020. The policy is a ministerial order formally issued by the Minister for Education. The ministerial order establishes that students who bring mobile phones or personal mobile devices to school must have them switched off and securely stored during school hours.

If your child brings a mobile phone or personal mobile device to school they are required to give the device to their class teacher for safe-keeping during the school day. The device will be returned to them at the end of the day.

If you need to contact your child in case of an emergency during the school day, please ring the school office on 5623 4066.

YEAR THREE & FIVE NAPLAN INDIVIDUAL STUDENT REPORTS AVAILABLE



During May students in Years Three and Five participated in the nationwide National Assessment Program for Literacy and Numeracy (NAPLAN). As these reports are confidential documents, schools were asked to do a direct mail out to parents.

Warragul North Primary School posted the individual report to each family using the current address we have on file.

Parents of children in Year Five are reminded that secondary schools may request a copy of your child's Year Five NAPLAN results. It is suggested that you file these results in a safe place for future use. An administration fee will be charged if another copy of your child's NAPLAN results is requested.

2022 FOUNDATION (PREP) ENROLMENTS



Enrolment forms are available from the school office for families wishing to enrol a child for 2022 in Foundation (Prep).

Please enrol siblings as soon as possible to ensure all children are included in the orientation program which will commence early in Term Four, and to assist with class planning for 2022.

STUDENT REPORTS - TERM THREE

Warragul North Primary School provides parents with student reports each term of the school year.

The Term Three reports are brief reports that provide information about learning in English and Mathematics, along with general information.

The Term Three brief reports will be published on Sentral during the last week of this term. Parents will be notified when the reports are available to view on the Sentral Parent Portal.

'FOR THE RECORD' 2021

You will have noticed that your school account includes an optional per family charge of \$30.00 for your family's copy of our school magazine 'For the Record'.

'For the Record' is a fantastic record of school events; has photographs of every child at the school on 'photo day'; a list of every child attending Warragul North Primary School just prior to the printing of the magazine and an item from every student attending the school on 'For the Record' submission day.

Should you wish to receive a copy or copies of the school magazine, then the cost must be paid by **FRIDAY 17TH SEPTEMBER**. Only those families who have paid for the magazine by this deadline will receive a copy. No extra copies will be printed beyond those paid for and ordered.

We look forward to presenting this year's magazine to you on the last day of school for 2021.

Mrs Ann Burton, 'For the Record' Co-ordinator

CONTACT DETAILS

Parents are reminded of the importance of ensuring the school always has the most up to date contact details. In the case of an emergency it is imperative that we are able to get in contact with parents without delay. If your contact details have changed please advise the office as soon as possible.

Please also remember to advise the school of any Intervention Orders or Court Orders that may be in place relating to your children. A copy of the relevant orders must be provided to the school to enable us to follow the orders.

P.E. 'Wall of Fame'

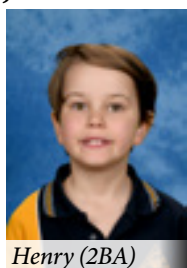
Every week in Physical Education one student from the Junior (Years 1/2), Middle (Years 3/4) and Senior (Years 5/6) school is rewarded with being named the P.E Wall of Fame champion for that week.

The P.E Wall of Fame champion is a student who has shown great determination, effort, encouragement, sportsmanship and resilience during their Physical Education class.

Mrs Lisa Pyle and Mr Drew Davey
Physical Education Teachers

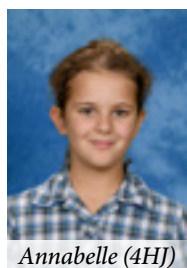
Term Three - Week 4 Champions

Junior



Henry (2BA)

Middle



Annabelle (4HJ)

Senior



Stephanie (5WI)

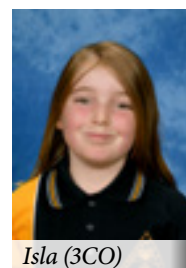
Term Three - Week 5 Champions

Junior



Harry (2JO)

Middle



Isla (3CO)

Senior



Rebecca (5TH)

END OF TERM ARRANGEMENTS

The last day of school for Term Three is Friday 17th September and school will finish at 2.30pm. Children attending on-site supervision will be dismissed at 2.30pm and the buses will depart just after 2.30pm. The first day of school for Term Four is Monday 4th October.

YEAR THREE PHILLIP ISLAND CAMP

CANCELLED

Sadly, as a result of the effects of the coronavirus restrictions the Year Three Phillip Island Camp had to be cancelled. The D.E.T. Operations Guide that was published on Thursday 2nd September, included a section on camps and excursions. The guidelines state that 'camps and excursions for Victorian schools cannot take place at this time'. Unfortunately, there was no alternative to cancelling the Year Three Phillip Island Camp.

ICAS UNIVERSITY OF NSW COMPETITIONS

POSTPONED



In light of the current COVID-19 restrictions and with students learning remotely, ICAS have advised us that the sitting dates for the 2021 University of NSW competitions have been postponed. Students from Years Two to Six that have

been enrolled for the ICAS tests will now sit the tests in Term Four.

YEAR ONE & TWO OLD GIPPS TOWN EXCURSION

CANCELLED

Sadly, as a result of the coronavirus restrictions and the Department of Education guidelines regarding excursions, the Year One and Two excursion to the Old Gipps town had to be cancelled.

Book Week

Dress Up Day and Poster Competition

Our Book Week dress up day was scheduled for Friday 27th August. Some children dressed up at home and also at on-site supervision which was fun. The Book Week dress up day will be rescheduled when the children return to on-site learning. Book Week posters can be brought into the school office the day children return to on-site learning and the winners will be announced during Term Four.



Winter Sports

After being postponed several times it was great that on Friday 13th August the Winter Sports were finally able to take place. Seven very excited teams from Warragul North Primary School competed against other schools from our district in round robin competitions for football, netball, soccer and T-ball. All teams did their best on the day.

Thank you to Mrs Pyle for her resilience in continuing to work with other local schools to keep rescheduling the Winter Sports.

Mr Simon Prokopiwskyi
Year Six Teacher



Football



Alex



Angus, Camden & Drew



Deena



Netball



Football Team with Mr Davey and Ms Szalek. Back row – Drew, Jake, Troy, Tahlia, Declan, Chase, Evie, Abby, Gemma, Angus, Cohen and Cooper. Front row – Jett, Sam, Evan, Camden, Xavier, Alex and Max.



T-Ball Team A with Ms Joyce. Back row – Musa, Pax, Jacob, Archi and Jackson. Front row – Mitch, Blayn, Alex and Erick.



Netball Team A. Back row – Summer, Gemma, Milly, Elly and Charli. Middle row – Issy, Milena and Sarah. Front row – Kaely and Chloe.

School Council Report



Hi everyone, I am pleased to introduce myself as Chris Rodda and proud to be a parent member serving on your school council elected earlier this year. I am one of the new faces on council, serving on the Building and Grounds subcommittee and as Treasurer on the Finance committee.

I grew up in the area as a local, whilst my career led me away from the area, I have managed to return and been lucky enough to raise two boys – Oliver currently in Year One and Sebastian who is ready and raring to join his brother next year at our wonderful School.

Council has managed to meet through this challenging year to review policies, look at long term projects and to discuss exciting opportunities and ways to keep our fantastic school moving forward.

Building and grounds have some exciting redevelopment of the office area being drafted and hopefully implemented next holidays. Hopefully to happen around the same time (weather permitting) the southern facing buildings will get a freshen up, with pressure washing and paint tidy up.

We really are fortunate to have wonderful staff, and parent community, which have put in extraordinary amounts of time and energy to create opportunities for our kids to shine and grow. Especially under some particularly challenging circumstances this year. Well done to you all.

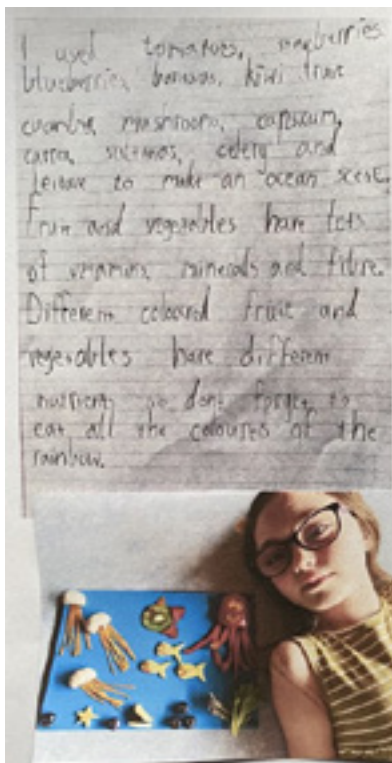
Please feel free to make yourself known to me, I'm often at the eastern gate at pickup time with Penny the Golden Retriever. I'd love to hear any ideas you may have and be more than happy to assist.

Kind regards,

Mr Chris Rodda
School Councillor

National Science Week

The closing date for the National Science Week 2021 Poster Competition was Friday 27th August. However due to remote learning the closing date has been extended. Students are welcome to bring their posters into the school office the day children return to on-site learning. The winners will be announced during Term Four.



Alyssa Kilham

TREATING AND CONTROLLING HEAD LICE

A timely reminder to all families. Please use the forthcoming school holidays to check your child's hair for head lice. It is a good opportunity to get on top of this pesky problem. Thank you!

While children are at school many families will have contact with head lice. The information contained here will help you treat and control head lice.

Catching head lice

Head lice have been around for many thousands of years. Anyone can get head lice.

Head lice are small, wingless, blood sucking insects. Their colour varies from whitish-brown to reddish-brown. Head lice only survive on humans. If isolated from the head they die very quickly (usually within 24 hours).

People get head lice from direct hair to hair contact with another person who has head lice. This can happen when people play, cuddle or work closely together.

Head lice do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

Finding head lice

Many lice do not cause an itch, so you have to **look carefully to find them**.

Head lice are found on the hair itself and move to the scalp to feed. They have six legs which end in a claw and they rarely fall from the head. Louse eggs (also called nits) are laid within 1.5 cm of the scalp and are firmly attached to the hair. They resemble dandruff, but can't be brushed off.

Lice can crawl and hide. The easiest and most effective way to find them is to follow these steps:

- Step 1** Comb any type of hair conditioner on to dry, brushed (detangled) hair. This stuns the lice and makes it difficult for them to grip the hair or crawl around.
- Step 2** Now comb sections of the hair with a fine tooth, head lice comb.
- Step 3** Wipe the conditioner from the comb onto a paper towel or tissue.
- Step 4** Look on the tissue and on the comb for lice and eggs.
- Step 5** Repeat the combing for every part of the head at least four or five times.

If lice or eggs are found, the hair should be treated.

If the person has been treated recently and you only find empty hatched eggs, you may not have to treat, as the empty eggs could be from a previous episode.

Treating head lice

Treating head lice involves removing lice and eggs from the hair. There are two ways you can do this:

1. Buying and using a head lice lotion or shampoo, following the instructions on the product
2. Using the conditioner and comb method (described under 'finding head lice') every second day until there have been no live lice found for ten days.

If you choose to use a head lice product always read and follow the instructions provided with the product carefully. The following points may also be helpful:

- Head lice products must be applied to all parts of the hair and scalp.
- No treatment kills all of the eggs so treatment must involve two applications, seven days apart. The first treatment kills all lice; the second treatment kills the lice that may have hatched from eggs not killed by the first treatment.
- Cover the person's eyes while the treatment is being applied. A towel is a good way to do this.
- If you are using a lotion, apply the product to dry hair.
- If you are using a shampoo, wet the hair, but use the least amount of water possible.
- Apply the treatment near the scalp, using an ordinary comb to cover the hair from root to tip. Repeat this several times until all the hair is covered.

There is no need to treat the whole family - unless they also have head lice.

Concentrate on the head - there is no need to clean the house or the classroom.

Only the pillowcase requires washing - either wash it in hot water (at least 60°C) or dry it using a clothes dryer on the hot or warm setting.

National Health and Physical Education Day



How fortunate for us that the first day of spring was so beautiful. Blues skies and sunshine for our very first National Health and Physical Education Day!

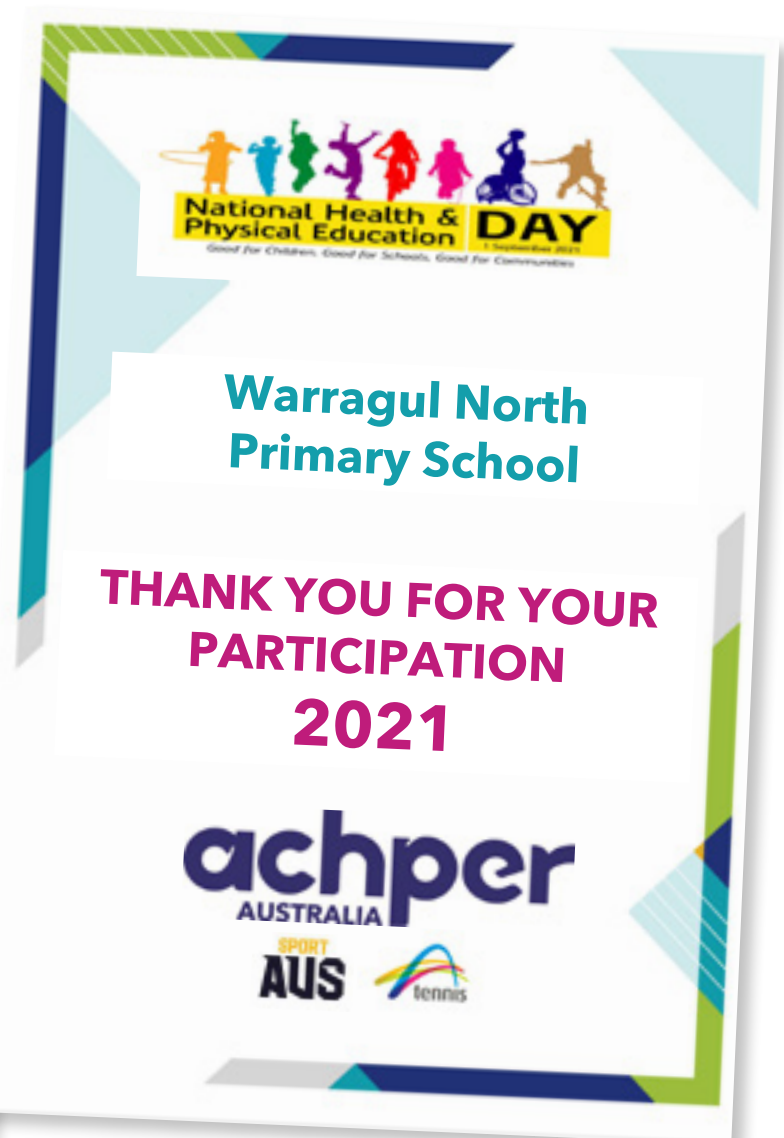
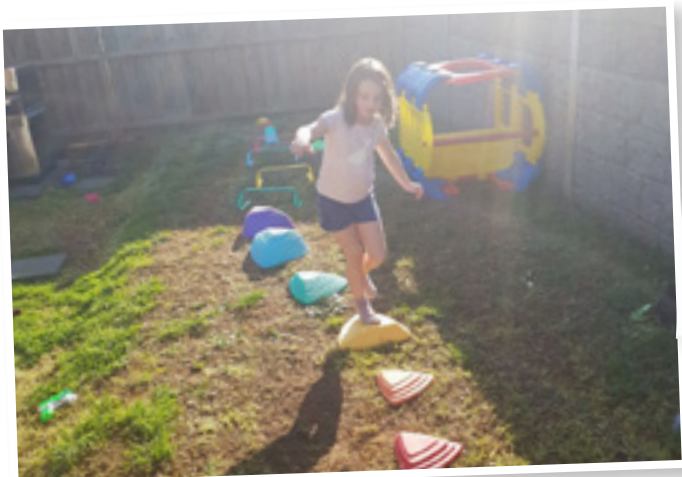
We hope that you all enjoyed spending some time being healthy with your families. We know the Pratt family did as they accumulated 75,355 steps for the day! What a tremendous effort! William enjoyed some healthy fruit, and Mavis loved her banana smoothie. The Incoll family had lots of fun jumping on the trampoline, and Keira designed a poster showing the food her family eats in a day.

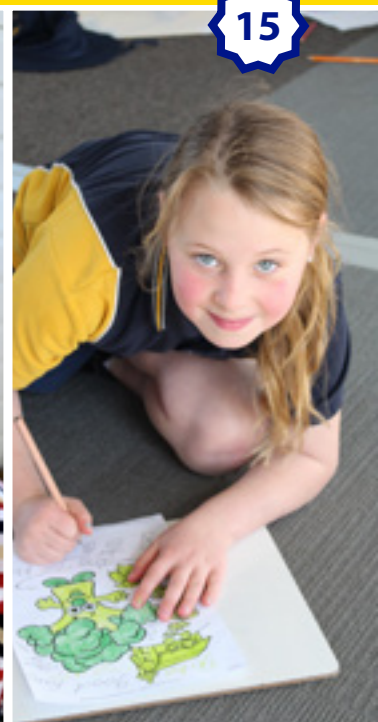
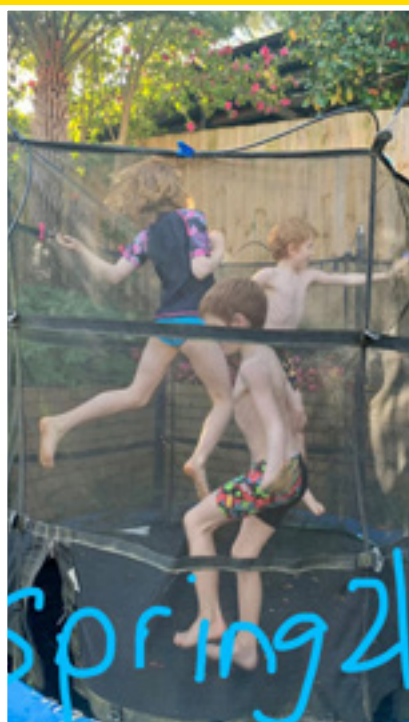
The children attending on-site supervision were placed in four multi-age groups.

Thank you to the Year Five and Six children for the kindness and maturity they showed when working with and supporting the younger children throughout the day.

Well done to everyone who participated in the National Health and Physical Education Day.

Mrs Lisa Pyle and Mr Drew Davey
Physical Education Teachers





Outside School Hours Care

During the current remote learning situation a restricted Outside School Hours Care service has been operating as per government regulations. With the Winter weather the children have kept themselves entertained at the house by playing board games, creative colouring and craft activities.



After 24 years, our OSHC Co-ordinator, Judy Eastwell, has advised us she will be retiring at the end of Term Three. Judy has given Warragul North Primary School many years of exemplary service as our OSHC co-ordinator and will be sorely missed. We wish her and her husband the best of health and happiness for the future.

WNPS has negotiated with YMCA Victoria to take over the Outside School Hours Care service from Monday 4th October, 2021, the first day of Term Four. From this date bookings, accounts and the running of the program will be managed through YMCA Victoria.

*Judy Eastwell,
OSHC Co-ordinator*





Welcome to YMCA Victoria – Warragul

North Primary School

Before & After School Program

BENEFITS TO YOUR CHILD

Our before and after school programs are designed to complement your child's school learning through activities and socialising. Your child and family will benefit from our programs because we focus on:

- ✓ Building their emotional intelligence.
- ✓ Improving cognitive development through activities.
- ✓ Offering families flexibility and support.

PROGRAM DETAILS

Your child will enjoy a nutritious menu (light breakfast and afternoon snack) and a range of activities planned by our experienced educators to keep even the most active of minds entertained! We offer a variety of activities, including:

- ✓ Sports, ball games and team games
- ✓ Arts and crafts
- ✓ Cooking
- ✓ Creative and expressive arts such as drama, singing and dancing
- ✓ Board games and puzzles
- ✓ Homework time
- ✓ Gardening and recycling

THE TEAM

Our passionate and experienced educators are there to support children and their families and are accredited with Safeguarding Children Training and Working with Children's Checks.

HOURS

To accommodate our families, we provide **after school care** from **3:30pm to 6:00pm**. We also offer care on Student Free Days (numbers pending).

FEES/ CHILD CARE SUBSIDY

The below is the full paying fee per day.

These do not include access to Child Care Subsidy (CCS) amounts you may be entitled to.

Session Type	Hours	Fees
Before School Care	7.00am - 8.40am	\$20.00
Before School Care (Casual)	7.00am - 8.40am	\$22.50
After School Care	3.30pm - 6.00pm	\$25.00
After School Care (Casual)	3.30pm - 6.00pm	\$27.50
Student Free Day	7.00am – 6.00pm	\$75.00

For further information and details on how to register for your Child Care Subsidy (CCS) entitlements please contact the Family Assistance Office (FAO) on 13 61 50.

Please note that if you are only attending School Holiday Program you will be required to reconfirm CCS before each program commences.

CONTACT US

To learn more about our program, check out <https://childrensprogram.ymca.org.au>

Or feel free to contact us for a tour, We're always happy to answer your questions.



WarragulNorthOSHC@ymca.org.au



0418 662 225

Community News

Online psychological support for children with big feelings & life challenges



Do you have a child who:

- Worries & gets frustrated
- Has difficulties in making/managing friendships
- Has been through tough life situations
- Might have a mental or emotional health challenge or diagnosis

We can help!

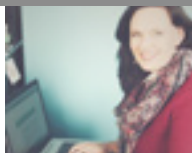


Calm Kid Central

1. Our child psychologists are on standby to help you with unlimited questions about children within 48 hours.



Tell us any question or concern you have about your child. Our panel of experienced & fully qualified child psychologists will carefully read and answer your questions online within 48 hours.

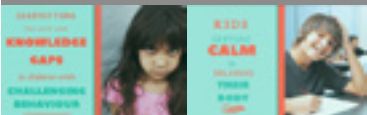


2. We help children learn to cope with big feelings, act confidently, stay calm, cope with friendships & act co-operatively.

Animated videos (and activity sheets & posters) for children on topics such as: Following Tough Instructions, Why We Get Mad and What To Do, Being Brave, Coping with "Mean" Behaviour – & many more:



3. We teach you to feel calmer, more confident and effectively support kids with "big feelings" & life challenges



Videos, articles and "cheat" sheets to know how to support children with anxiety, frustration, challenges with friendships and psychological disorders.

How Do I Sign Up?

Calm Kid Central is free for families living in the Gippsland region, as supported by Gippsland Primary Health Network go to www.calmkidcentral.com, click JOIN NOW, and use code FIRSTYEAR.



calmkidcentral.com

Partially funded by SA Country, Gippsland and Adelaide Primary Health Networks

How can I book a COVID-19 vaccine in Baw Baw?

The COVID-19 Vaccination Hub has now opened in Warragul.

Visit www.health.gov.au to check your eligibility and see a list of participating GP clinics.

To book a vaccination at the Warragul COVID-19 vaccination hub:

Call 1800 675 398 or Visit portal.cvms.vic.gov.au

Did you know?

Having your first COVID-19 vaccination makes it **much less likely** you will catch COVID-19.

You are **80 per cent less** likely to be hospitalised if you do become ill with COVID-19.



WARRAGUL LITTLE ATHLETICS CLUB



Little Athletics is a great activity for children aged between u6 and u16. It's a perfect way to learn the fundamental motor skills that will assist them long into their futures. Did we mention Little Athletics is great for the entire family?

Athletics is back!

**When – Saturday 2nd October
8.30am start**

Where – Geoff Watt Track, Burke Street Warragul

When you take that first step, you will never want to stop

*Family, Fun and Fitness | Health | Social
Personal Development*

Due to current Covid restrictions and procedures, we encourage families to make contact with the club prior to attendance.

www.warragullac.org.au | E: warragul@lavic.com.au

Facebook – Warragul Little Athletics Club

GIPPSLAND TENNIS COACHING

SCHOOL HOLIDAY TENNIS CLINIC

Our popular tennis clinic is again being held in Warragul:

**Monday 27th September – Thursday 30th September
@ 11am – 12.30pm**

Cost: \$100 (or \$25.00 per day)

Come along and try tennis and have some fun in the holidays!

TOURNAMENTS (round robin format)

Moe Tennis Club – Friday 24th September

Drouin Tennis Club – Friday 1st October

Lessons also available during the school term

Racquets are available to borrow if required

For more information or bookings contact:

Mark Stevens E: mstennis@dcsl.net.au | Jamie Dunn: 0449 257 569